

PROSPECTIVE STUDENTS

Greetings from the Alabama A&M University Department of Athletics! Tryouts are set for April of every year.

Prospective students (including high school seniors) who have made the commitment to attend Alabama A&M University during the FALL semester school years are eligible to try out for the squad.

However, to tryout he/she must have the following:

- *A letter of acceptance to Alabama A&M University or something showing he/she has completed the application process.
- *A personal photo (this will not be returned)
- *A photocopy of Insurance Card (front & back)
- *A completely filled out Athletic Tryout Release and Waiver Form (located online).
- *An unofficial transcript.
- *Name and Contact info of Cheer Coach
- *\$20 registration fee

Please do not send these items, bring them on the first day of tryouts.

TRYOUT INFO

REQUIREMENTS:

CHEER, CHANT AND DANCE

Taught at Friday's clinic

JUMPS

Toe-Touch & Combination Double Toetouch

TUMBLING/ STUNTING

Must have EITHER Stunting or Tumbling Minimum Requirement

*Minimum TUMBLING requirements
STANDING BACK HANDSPRING

*Minimum STUNTING requirements
SINGLE BASE HANDS (ALL GIRL)
TOSS HANDS (CO-ED)

*Additional tumbling and stunting is encouraged ALTHOUGH it is optional

Advanced Tumbling - Ex:

Up to 5 pts -Round off back handspring
Up to 7 pts -Round off series, Round off tuck, Standing tuck
Up to 10 pts -Round off layout, X-out, Full

Advanced Stunting - Ex:

Up to 5 pts-Lib, Heel stretch, Torch, Arabesque
Up to 10 pts-Scorpion, Scale, Full down, Transitions

SPONSORSHIP INFO

ALABAMA A&M CHEER SPONSORSHIP PARTICIPATION

Monetary Contributor:

Sponsors or donators are asked to give any amount of money. This contribution will offset the cost for the many "CHEER COMPETITIONS" the team will compete in through out the year.

Equipment/Facilities Contributor:

Sponsors or donators are asked to donate things such as pom-poms, signs, stunt mats, etc. that will be used in practices and/or performances. Also the use of facilities for practices, meetings, fundraisers, banquets, etc.

Business/Volunteer Contributor:

Sponsors or donators are asked to volunteer their expertise or support with "gifts-in-kind". For instance, a restaurant or store may donate for fundraising events, screen printers may donate a banner, printers may donate flyers, business card, booklets, etc., and an attorney may volunteer his/her time.

www.aamucheer.webs.com

PURPOSE

The purpose of the Alabama A&M University Cheerleading Squad is to promote and uphold school spirit.

As a member of the team you will have the opportunity to attend functions which will enhance school spirit and give recognition to Alabama A&M University. It is your responsibility to put forth your best effort as a spirit squad member at all engagements, and maintain a sense of good sportsmanship, promote crowd involvement, uphold better relations between schools, and maintain and create a level of excellence to be continued through the years.

Members will be challenged to increase personal growth and development through the personal management of athletic and academic responsibilities.



Alabama A&M University
Department of Athletics
P.O. Box 1597
Normal, AL 35762

ALABAMA A&M UNIVERSITY Cheerleading Clinic



Alabama A&M University's cheerleading squad is one of the most respected cheerleading programs in the Southwestern Athletic Conference

Go Bulldogs!!

Ms. Rasheba Kincey-Coach
Ms. Shawdee Satchell-Coach
Dr. Tammy Alexander-Advisor

Ms. Candice Scruggs-Physical Trainer



AAMU CHEER WEBSITE:
www.aamu cheer.webs.com